

MASSAGE

All treatments will receive a herbal tea and chocolate truffles.

Hot Stone

Ground / Clear / Warm

1 Hour	\$185
1 Hour & 30 Minutes	\$245

Heated smooth basalt stones are used to increase blood flow to your muscles, giving the ultimate state of relaxation.

Deep Rebalancing

Deep / Release / Restore

1 Hour	\$175
1 Hour & 30 Minutes	\$235

Rebalance your body with this restoring massage. Aimed at unlocking muscular tension and restoring posture through deeper movements.

Wellness

Calm / Soothe / Relax

1 Hour	\$165
1 Hour & 30 Minutes	\$225

Smooth hands glide rhythmically, releasing tension, melting away life's stresses and allowing you to drift into a state of pure relaxation.

Pregnancy

Comfort / Support / Gentle

1 Hour	\$175
1 Hour & 30 Minutes	\$235

Soothing movements encompassed in hydrating prenatal massage serum, designed to improve your blood flow, mood, and sleep.

STAY A LITTLE LONGER

Can be added to existing treatment only. Please allow 30 minutes.

Petit Facial	\$65
Warm Sugar Body Exfoliation	\$49
Barefoot Botanical Indulgence	\$49
Orange Creme Hair Masque & Massage	\$49

INFRA-RED SAUNA

Discover the rejuvenating benefits of our infrared sauna, designed to promote wellness and deep relaxation. Using gentle heat, infrared saunas help detoxify your body, improve circulation, and ease muscle tension, leaving you feeling refreshed and revitalised. Perfect for unwinding before a treatment or as a standalone experience, our sauna offers an escape that enhances your overall wellbeing.

If this is your first session, we recommend booking no more than a 30 minute appointment to avoid overheating. Please consult your doctor if you have health conditions such as heart problems, low or high blood pressure, respiratory issues, or skin conditions. Pregnant women are advised to avoid saunas due to the heat.

Solo Relaxation

Recover and Rejuvenate in Solitude

30 Minutes	\$50
45 Minutes	\$60

Partnered Relaxation

Detoxify and Recover with a Partner

30 Minutes	\$80
45 Minutes	\$100

Treatment Add-On

Add on to any existing treatment

30 Minutes Solo	\$35
45 Minutes Solo	\$45
30 Minutes Partnered	\$65
45 Minutes Partnered	\$85

→ Health Benefits

Infrared saunas offer a variety of advantages, including detoxification, pain relief, and weight loss. They can help reduce stress and promote skin purification, while also boosting immunity and enhancing circulation. Additionally, infrared saunas may improve brain function, alleviate fatigue, and support injury healing.



LONGVIEW DAY SPA

TREATMENT MENU

P: (08) 8388 9694

E: spa@longviewsa.com.au

154 Pound Road, Macclesfield, SA 5153

SIGNATURE TREATMENTS

Ultimate Indulgence **S** **6 Hours** **\$895**

Foot Bath & Exfoliation / Foot Massage / Body Exfoliation / Body Wrap / Massage / Hair Treatment & Scalp Massage / Facial / Infrared Sauna / Chocolate Truffles / Glass of Sparkling Wine / Longview Lunch / Wine Tasting

Our Ultimate Indulgence is a 6-hour retreat designed to pamper. Start with a relaxing foot bath, exfoliation, and soothing massage to refresh your senses. Next, enjoy a full-body exfoliation, followed by a nourishing body wrap. After the warm towel removal of the wrap, step into our infrared sauna. Then, enjoy a refreshing shower before sinking into relaxation as our expert therapist works their magic with a soothing full-body massage.

Savour a platter or pasta lunch at Longview Cellar Door, paired with a wine tasting, before a customised facial at our day spa and finishing with a warm orange cream hair treatment and scalp massage.

Longview Bliss **S** **3 Hours** **\$575**

Foot Soak / Body Exfoliation / Facial / Massage / Platter / Glass of Sparkling Wine / Chocolate Truffles / Take Home Bottle of Wine

A perfect blend of relaxation and indulgence, the Longview Bliss Retreat offers everything you need to unwind and recharge. Begin with a calming botanical foot soak, followed by a soothing body exfoliation and rejuvenating full-body massage. Then, enjoy a luxurious facial designed to leave your skin glowing and refreshed.

Top it off with a glass of sparkling wine, a delicious platter, and a take-home bottle of Longview wine to continue this blissful experience. Relax in our serene sunroom, taking in stunning vineyard views while savouring every moment.

The Nesting Retreat **S** **2 Hours** **\$395**

Vanilla & Honey Foot Bath / Neck & Shoulder Massage / Facial / Cooling Leg & Foot Massage / Hand Massage / Chocolate Truffles

Designed to nurture and support, The Nesting Retreat combines five hand-picked treatments to calm your mind and restore your body. Begin with a soothing vanilla and honey foot bath, followed by a comforting neck and shoulder massage to release tension, and a petit facial to rebalance and harmonise your skin.

Then, indulge in a cooling leg and foot massage and a luxurious hand massage, leaving you feeling relaxed, rejuvenated, and completely supported. As a thoughtful touch, we have a special take-home gift for you and your baby, valued at over \$55, to ensure that the care continues long after your visit.

SIGNATURE TREATMENTS

Sanctuary Escape **2 Hours** **\$375**

Massage / Signature Luxury Facial / Hair Treatment & Scalp Massage / Chocolate Truffles / Glass of Sparkling Wine

Unwind and immerse yourself in total relaxation with our Sanctuary Escape. Start with a luxurious full-body massage using oils and body serums, allowing your muscles to melt. Next, enjoy our Signature Luxury Facial, which features the latest in bio-tech beauty, leaving you feeling radiant. Your treatment concludes with a calming warm orange cream hair treatment and soothing scalp massage.

Radiant Ritual **1 Hour & 30 Minutes** **\$275**

Foot Bath / Massage / Facial / Platter / Glass of Sparkling Wine / Chocolate Truffles

Experience the ultimate in relaxation with our Radiant Ritual treatment. Begin your escape with a botanical foot soak, followed by your choice of a massage, facial, or indulge in both for a complete mind-body refresh. Tailored to your needs, this experience combines calming techniques and to leave you feeling deeply refreshed.

COUPLES & GROUPS

Destination Package **S** **4-12 Guests** **POA**

Longview Vineyard offers an idyllic setting for special celebrations, including hens days, bridal showers, birthdays, anniversaries, and other important occasions. Enjoy a relaxing day of luxurious spa treatments, a long 'feed me' lunch, and your choice of a group activity on our grounds. Further enhance your experience by staying in our 4.5-star accommodation. Enquire with our team today.

Luxury Couple's Treatment **S** **2 Hours** **\$695**

Foot Bath / Full Body Massage / Petit Facial / Scalp Massage / Platter / Glass of Sparkling Wine / Chocolate Truffles / Take Home Bottle of Wine

Relax together in our couples' treatment room. Start with a Barefoot Botanicals foot bath, followed by a full-body massage. A refreshing petit facial and calming scalp massage enhance your experience. Enjoy sparkling wine, a platter for two, and chocolate truffles. Finish with a bottle of wine to take home.

S AVAILABLE TO BOOK ON SUNDAY

SPA FACIALS

Divine Luxury Facial **1 Hour & 30 Minutes** **\$265**

Double Cleanse / Exfoliation / Face, Neck & Shoulder Massage / Treatment Mask / Contour Mask / Eye Treatment / Serum / Moisturiser / Hand Massage / Chocolate Truffles

Our Divine Luxury Facial is a rejuvenating experience designed to help you rebalance under the expert care of our therapists. Using a selection of specially curated products tailored to your skin type, your treatment begins with a deep cleanse and exfoliation. A contour mask is then applied to lift and firm your skin, followed by a soothing hand massage. Serums, eye cream, and moisturiser are carefully applied, complemented by a divine face, neck, and shoulder massage. The result is radiant, refreshed skin and a deep sense of relaxation.

Signature Luxury Facial **1 Hour** **\$195**

Double Cleanse / Exfoliation / Face, Neck & Shoulder Massage / Mask / Eye Treatment / Serum / Moisturiser / Chocolate Truffles

Our Signature Luxury Facial is designed to help you unwind under the expert hands of our therapists. Using specially curated products targeted to your skin type, your skin will be cleansed, exfoliated, and treated. Serums, eye cream, and moisturiser follow a divine face, neck, and shoulder massage, leaving you feeling refreshed and nurtured.

PLATTERS + ADD ONS

After your treatment, why not indulge further by unwinding in our tranquil sunroom? Savour a selection of our award-winning wines, gourmet platters, and decadent desserts. Ask our team for the menu.

→ Day Spa Products

Longview Day Spa is proud to stock Waterlily Skincare and Lük Beautifood. Both brands offer clean, natural, Australian-made products that are free of toxins and designed to enhance and transform. Treat yourself to the very best in skincare and makeup.



LÜK BEAUTIFOOD

WATERLILY